CONGRATULATIONS on downloading the Every Breath Counts kit for frontline health worker training. This toolkit covers key content that’s essential for frontline health workers to: 1) Understand what pneumonia is and what causes it, 2) Identify signs and symptoms, 3) Understand appropriate treatment, and 4) Understand how to prevent it.

The kit consists of a training presentation, two videos, post-training flier, follow-up SMS messages, FAQ, testing materials, Adaptation Guide, and this Quickstart Guide.
This presentation contains the most important information that frontline health workers need to know in order to be able to assess a sick child, decide if the child has pneumonia, know the appropriate course of treatment, and know when to refer the child to a health centre.

It is designed for use in a classroom setting, but can also be used one-on-one as a mentoring or training tool. See page 4 for detailed instructions on using the training presentation.

We have included two versions of the flipcharts: one for regions where community health workers are allowed to prescribe amoxicillin and another where they need to refer the child to a doctor. Select the version appropriate to your region.

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TRAINING PRESENTATION

CONTENT OVERVIEW:
- What is pneumonia?
- Causes
- Signs and Symptoms
- Diagnosis (how to count breaths)
- Treatment and/or referral
- Danger signs
- Prevention

VIDEOS

Because of the dynamic nature of both chest in-drawing and fast breathing, the videos help clarify what these critical signs really look like. These videos were shot in the field using real children, with animated graphics overlaid to clarify key points. They can be used along with the training presentation to help bring these topics to life.

They have been made as small as possible to allow maximum opportunity to share and download. To download HD versions, go to: lifesavingcommodities.com/pneumonia/videos

FAST BREATHING
(5 minutes)
In addition to showing fast breathing and giving tips about how to count breaths, it also includes a practice section so frontline health workers can begin developing skills.

CHEST IN-DRAWING
(90 seconds)
Clear close ups show chest in-drawing in various positions.
PRE/POST-TEST
This test consists of 10 questions in true/false and multiple-choice format and assess basic understanding of the material covered in the training presentation. Have the training participants take the test twice, once before training and again afterward to assess the change in knowledge and identify any key areas of focus and follow-up.

FLIER
Designed to be given to participants who have completed the training, this is a simple takeaway that reinforces the key messages and can be used as a reference, job aid, and reminder. It is optimised for A4 folded to A5 double-sided. Print out copies and bring them with you to hand out after the presentation.

FAQ
The FAQ has fully referenced answers to some of the most commonly asked questions by health workers and their patients. It is an excellent guide for training facilitators to have on hand and can also be given to frontline health workers who may be looking for further information.

Some of the topics covered:
• Who is most at risk?
• Why is pneumonia so dangerous?
• Does the cold cause pneumonia?

SMS FOLLOW UP MESSAGES
To keep the key points from the training fresh afterward, this series of 10 SMS messages can be sent weekly with helpful reminders around diagnosis, treatment, and prevention.
USING THE TRAINING PRESENTATION

HOW TO PRESENT THE TRAINING PRESENTATION
The facilitator should hold the flipchart with the health worker side (simplified bullets) facing the audience. This way he/she can refer to the facilitator notes while the audience views the key points.

PROJECTING THE PRESENTATION
If projecting, you will need to hide the facilitator note slides:
1. In the pane that contains the “Outline and Slides” tabs, click the “Slides” tab
2. Right click the slide that you want to hide
3. Click “Hide Slide”
4. The thumbnail then grays out, and the slide will be skipped in “Slide Show” mode

INCLUDING THE VIDEOS IN THE PRESENTATION
A good place to show the chest in-drawing video is after slide 8, “Signs and Symptoms.” The Fast Breathing and Counting Breathes video could come after slide 12, “How to Count Breaths.”

To embed a video in your presentation:
MACINTOSH
Simply drag the video onto the desired slide.

WINDOWS
1. Go to the desired slide
2. On the “Insert” menu, point to “Movies and Sounds,” and then click “Movie from File”
3. Choose the video you want to use and click “OK”

PRINTING THE TRAINING PRESENTATION
The flipcharts are intended to be printed on both sides of the page on heavy paper and then bound along the top.

To print correctly, you will need to select the option for “duplex top-to-top” in your printer’s dialog window. “Duplex” just means that it prints on both sides of the paper, and top-to-top means the flipcharts will flip on the long side of the paper, as shown in the illustration. See the documentation for your printer for further instructions.
The materials in these kits account for many scenarios common in high-burden regions. However, we may not be able to account for every possible scenario, so you may need to make changes that suit your local context.

**FLIPCHART**
For ease of presentation and editing, the flipchart story is in Microsoft PowerPoint format. Simple changes, such as adding a logo, are easy to do. See the Adaptation Guide—included in the kits—for specific instructions.

**VIDEOS**
The videos are captioned in English with no voice-over, only ambient background sounds. To adapt into another language, add a voice-over.

**PRE/POST-TEST AND FAQ**
These are in Microsoft Word format. Simply open with Word or other compatible software and edit.

**POST-TRAINING FLIER**
The flier is in Adobe InDesign format, which is commonly used by design professionals to develop print materials. It allows for precise and polished results, but is not as common as general business software.

The files have been specially prepared to be easy for a professional to edit. If you do not have access to InDesign, contact a local graphic designer to make any required changes or contact pneumoniakits@gmail.com for advice.

**IN CLOSING**
Thank you for downloading this kit. We hope it is useful to you in helping educate caregivers on the causes and signs of pneumonia, and how to prevent it. Remember, every breath counts.

To download the Caregiver Education Kit, visit: lifesavingcommodities.org/pneumonia/caregiverkits