

Jinsi ya Kusaidia Watoto Kupumua

Maandalizi kabla ya kujifungua*

Kazaliwa

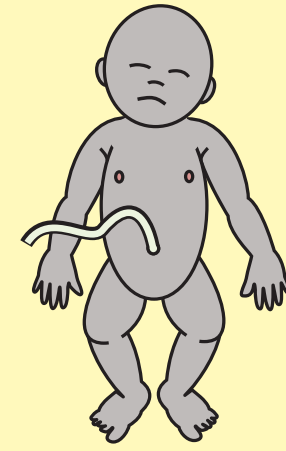


Kuna mekonium, safisha njia ya hewa
Mkaushe vizuri



Analia

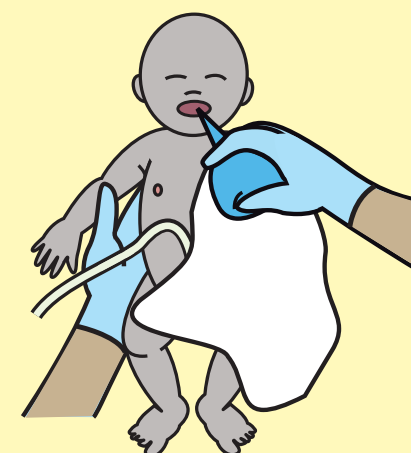
Je, Analia?



Halii



Mpe joto Angalia anavyopumua



Safisha njia ya hewa na mshitue apumue

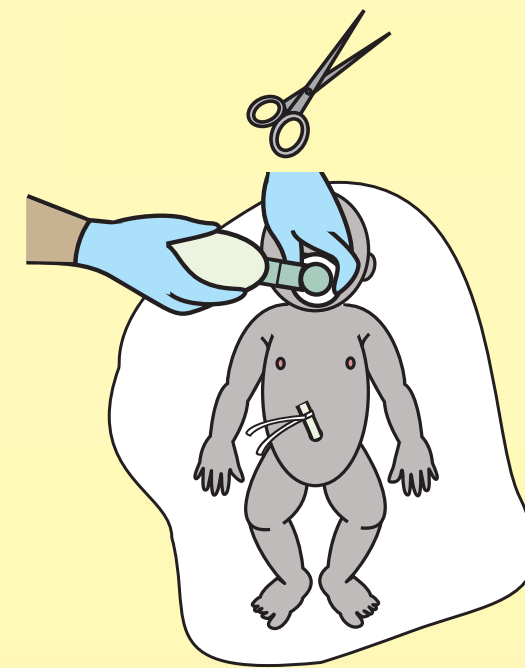
Je anapumua?



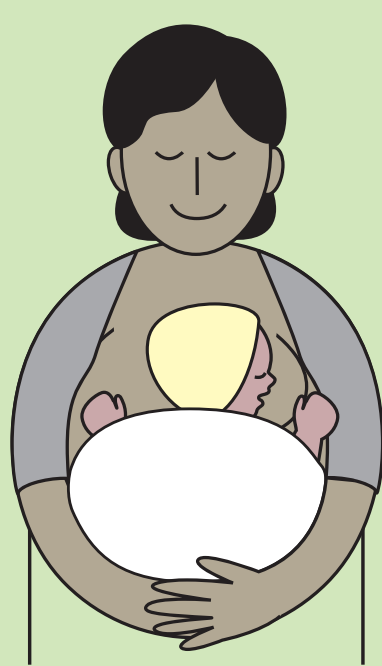
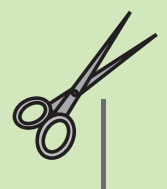
Anapumua vizuri

Hapumui

Kata kitovu



Kata kitovu

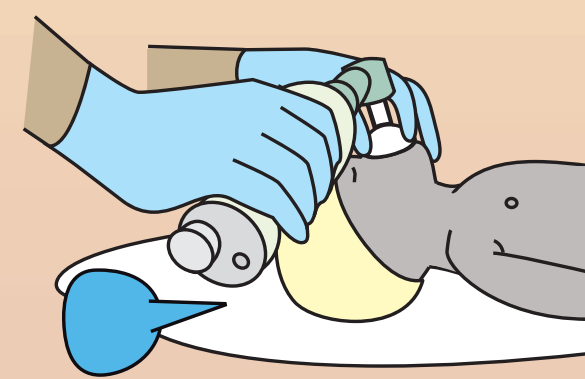


Anapumua

Mpe pumzi

Hapumui

Omba msaada



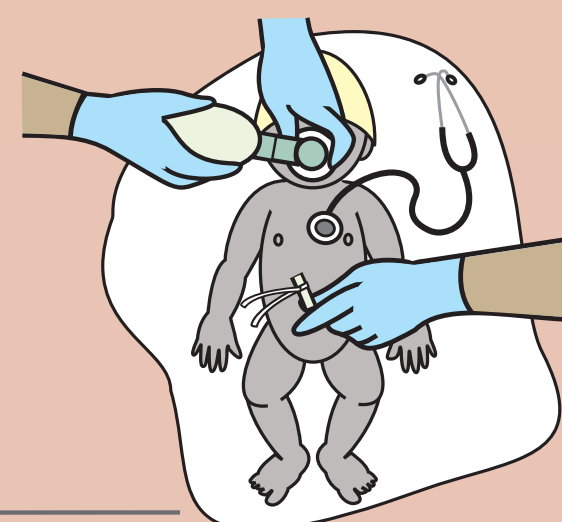
Muangalie akiwa na mama

Boresha utoaji pumzi

Hapumui

Je, kasi ya Mapigo ya Moyo?

Anapumua



Kawaida

Taratibu

Hapumui

Endelea kumpa pumzi Utaalamu zaidi

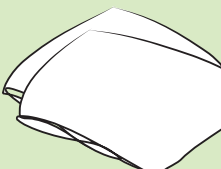
*Maandalizi kabla ya kujifungua



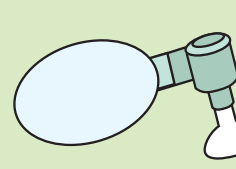
Glavu



Kifaa cha kufyonza



Nguo



Kifaa cha kumpa pumzi Bag na mask



Kofia



Stethoscope



Mkasi



Saa



Kamba/Vitanzi

Dakika ya Dhahabu®

60 sec