

CHECK LIST FOR INSERTION OF IMPLANTS

(IT IS FOR USE BY LEARNERS AND FACILITATOR OR ASSESSOR)

Rate the performance of each step by using the following rating scale:

- 0. Needs improvement:** Step or task not performed correctly, out of sequence or is omitted
- 1. Competently performed:** Step or task performed correctly, in proper sequence but participant does not progress from step to step efficiently
- 2. Proficiently performed:** Step or task efficiently and precisely performed in proper sequence

Learners Name: _____ **Date:** _____

STEP/TASK		ASSESSMENT 1 & 2	
GETTING READY			
1.	Creates rapport		
2.	Tells client what is going to be done		
3.	Checks to be sure client has thoroughly washed and rinsed her entire arm		
4.	Determines the required sterile instruments		
5.	Washes hands thoroughly and dries		
6.	Puts on gloves		
7.	Cleans insertion site with antiseptic solution		
8.	Injects 2mls of local anaesthesia at the insertion site		
DURING PROCEDURE			
9.	Makes a shallow 2 mm incision with scalpel just through the skin at the insertion site		
10.	Inserts trocar and plunger through the incision at a shallow angle with bevel facing up.		
11.	Loads first rod into trocar using either gloved thumb and fore finger of one hand or a forcep, keeping the other hand cupped under the trocar in order to catch the rod if it falls. (While Implanon comes when it is pre packed)		
12.	Palpates the ends of the rods nearest to the shoulder to sure the rods are placed correctly		
13.	Palpates the incision to be sure that both rods are about 5mm clear of the incision		
14.	Removes trocar from incision		
AFTER PROCEDURE			
15.	Presses down on incision with gauzed finger to stop bleeding		
16.	Applies a sterile dressing to insertion area and wrap gauze bandage snugly around the arm to ensure hemostasis and minimizing bruising		
17.	Before removing gloves places all instruments in 0.5%chlorine solution for 10 minutes for decontamination ,separating the plunger from the trocar		
18.	Disposes of the waste materials by placing in a leak proof		

STEP/TASK		ASSESSMENT 1 & 2	
	container.		
19.	Washes hands		
20.	Instructs client regarding care of the wound and return visit appointment if needed.		
21.	Discusses what to do if client experiences any problems following insertion		
22.	Assures client that she can have rods removed at any time she desires		
23.	Checks understanding		
24.	Observes client for at least 15 minutes and ask how she feels before sending her home.		
25.	Documents		
Total Score			